



USD 112 Central Plains

September 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <u>Breakfast</u> Biscuit & Gravy, Pineapple, Milk <u>Lunch</u> Enchiladas, Salad Bar, Wheat Rolls, Applesauce, Milk	2 <u>Breakfast</u> Cereal, Pears, Milk <u>Lunch</u> Ribette/Bun, Salad Bar, Peas, Fruit Cocktail, Milk	3 <u>Breakfast</u> Cereal, Sweet Roll, Applesauce, Milk <u>Lunch</u> Bean Burrito w/Salsa, Salad Bar, Wheat Rolls, Pineapple, Milk
6 No School! Labor Day	7 <u>Breakfast</u> Breakfast Burrito w/Salsa, Orange Halves, Milk <u>Lunch</u> Ham & Cheese Roll, Salad Bar, Tater Wedge, Pineapple, Milk	8 <u>Breakfast</u> Cereal, Fruit Cocktail, Milk <u>Lunch</u> Lasagna, Salad Bar, Wheat Roll, Applesauce, Milk	9 <u>Breakfast</u> Cereal, Peaches, Milk <u>Lunch</u> Mac & Cheese/Smokies, Salad Bar, Wheat Rolls, Pears, Milk	10 <u>Breakfast</u> Cereal, Sweet Roll, Pineapple, Milk <u>Lunch</u> Hamburger Steak, Mashed Potatoes, Salad Bar, Wheat Rolls, Fruit Cocktail, Milk
13 <u>Breakfast</u> Cereal, Fruit Cocktail, Milk <u>Lunch</u> Hamburger/Bun, Green Beans, Salad Bar, Peaches, Milk	14 <u>Breakfast</u> Pancake Sausage Stick, Applesauce, Milk <u>Lunch</u> Ham Sandwich, Tater Wedge, Salad Bar, Fruit Cocktail, Milk	15 <u>Breakfast</u> Cereal, Peaches, Milk <u>Lunch</u> Spaghetti w/Meat Sauce, Salad Bar, Wheat Rolls, Pears, Milk	16 <u>Breakfast</u> Cereal, Pears, Milk <u>Lunch</u> Taco Salad w/ Salsa, Salad Bar, Wheat Rolls, Pineapple, Milk	17 <u>Breakfast</u> Cereal, Sweet Roll, Pineapple, Milk <u>Lunch</u> Chicken Pattie/Bun, Salad Bar, Corn, Jello with Fruit, Milk
20 <u>Breakfast</u> Cereal, Fruit Cocktail, Milk <u>Lunch</u> Burrito w/ Salsa, Salad Bar, Wheat Rolls, Pears, Milk	21 <u>Breakfast</u> Cereal, Peaches, Milk <u>Lunch</u> Chicken Tetrazzini, Salad Bar, Wheat Rolls, Pineapple, Milk	22 <u>Breakfast</u> Biscuit & Gravy, Pineapple, Milk <u>Lunch</u> Bierock, Salad Bar, Corn, Fruit Cocktail, Milk	23 <u>Breakfast</u> Cereal, Pears, Milk <u>Lunch</u> Pig-In-A-Blanket, Baked Beans, Salad Bar, Peaches, Milk	24 <u>Breakfast</u> Cereal, Sweet Roll, Applesauce, Milk <u>Lunch</u> Chicken Noodles/Potatoes, Salad Bar, Oatmeal Muffin, Applesauce, Milk
27 <u>Breakfast</u> Cereal, Pears, Milk <u>Lunch</u> Ground Beef Gravy/Potatoes, Rolls, Peaches, Milk	28 <u>Breakfast</u> Breakfast Burrito w/Salsa, Orange Halves, Milk <u>Lunch</u> Chicken Wrap, Salad Bar, Cookie, Orange Halves, Milk	29 <u>Breakfast</u> Cereal, Pineapple, Milk <u>Lunch</u> Chili, Cinnamon Roll, Dill Pickles, Fruit Cocktail, Milk	30 <u>Breakfast</u> Cereal, Fruit Cocktail, Milk <u>Lunch</u> Hoagie Sandwich, Salad Bar, Baked Beans, Applesauce, Milk	*White/Chocolate Milk served daily. Cereal offered daily for breakfast. Menu subject to change without notice. *Salad Bar NOT available at Claflin Schools

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